



## **Salad with BACON...and other stuff**

The name says it all. When there's bacon in the salad, the other ingredients are simply bonus goodness. Even a small amount of bacon can elevate a salad to supreme heights!

### **Ingredients**

Several handfuls of organic salad greens

1/2 cup organic shredded red cabbage

3-4 cooked organic chicken breasts, cut into bite-sized pieces

One cup steamed organic asparagus, cut into one inch pieces on the bias

1/2 cup cooked, chopped nitrate-free bacon

Optional: chopped hardboiled egg, a crumbling of feta or goat cheese, 1/2 diced avocado

Freedom Salad Dressing (see recipe, [www.40DaysToFreedom.com](http://www.40DaysToFreedom.com))

### **Directions**

Toss all ingredients with a few tablespoons Freedom Salad Dressing.

Serves 4.